

## JEEVAN DHARA ANNUAL REPORT 2017 - 18

### Summer Camp at Lallubhai Compound

From 17<sup>th</sup> April to 25<sup>th</sup> April 2017 we organized a summer camp at the houses of our teachers. The purpose was to nurture and bring out the hidden talent of the students.

Story telling workshop was held where the students narrated stories and fairy tales and some made up stories. We conducted indoor games like Carrom, Chess and Snakes & ladders.

A workshop on Arts and Crafts and items made out of waste was held where the students made beautiful craft and made flower pots, wall pieces from the waste materials and showcased their talents.

We conducted greeting cards competition where the students designed handmade greeting cards and decorated with beads and sparkle.

The students celebrated fancy dress by wearing colorful and fancy dresses and enjoyed themselves by singing songs and playing games. The students celebrated Tiffin day.



### Training on Child Sexual Abuse

On 22<sup>nd</sup> April 2017 we took another step ahead in helping out society by taking up a very crucial issue of the present time 'Child Sex Abuse' in collaboration with Snehalaya Family Center.

Mrs.Diana Gudino

Mr.Baptist Gudino

Mr.Avalon Gudino



The above resource persons enlightened the minds of the parents, teachers and students on the topics related to child sex abuse at Cheeta Camp, Trombay.

### Success Story

Maahi Kumari Rajukumar Rajak a student of Jeevan Dhara Study Classes studying in standard 2nd in Turbhe Municipal Marathi School secured the first prize in craft making competition held in her school.



### Futsal Tournament

On 11th of June 2017 Jeevan Dhara's Football team participated in the Futsal Tournament organized by 'The Rejuvenators Sports' Jeevan Dhara's boys proved that they are the best by winning the Futsal football trophy organized by the Futsal team. They won the match by 7 goals against Oscar Foundation and won the 'Fair Play Award'. Satyam who is captain of our football team got the 'Best Player' trophy.



## TATA Football Tournament

On 17<sup>th</sup> June 2017, TATA Sports Football Tournament was held at Chembur Saraswati School. Our football team got opportunity to play and interact with other teams. A numbers of teams participated in this tournament like Youth Council, Malinger, Shelter Don Bosco and ABHI Mahul. Our football team was qualified for the semi final against the Malinger team where we lost.



## Friendship day celebration

**“Good friends are hard to find,  
Harder to leave,  
And impossible to forget”**

On 4<sup>th</sup> August 2017 Jeevan Dhara organized friendship day program for the study class students at Cheeta Camp and Lallubhai Compound. The noble idea of honoring friends and friendship has really caught on with the students. The student tied friendship bands to their best friends thus making their friendship more strong. Our staff Samiunnisa and Sharfunnisha gave a small message on friendship.



## Independence Day

On 15<sup>th</sup> Aug 2017 Jeevan Dhara celebrated 70<sup>th</sup> Independence Day at Cheeta Camp and Lallubhai Compound study classes. The objective was to make the students and teachers responsible towards the nation and to respect each other. The teacher's decorated the hall with balloons and flags. All the students and teachers saluted the flag and then sang the National Anthem. Patriotic Poems and Songs were recited by the students. Some students also presented a speech on the topic of Independence Day.



## Teacher's Day Celebration

On 7<sup>th</sup> Sept we celebrated Teacher's Day at Cheeta Camp and Lallubhai Compound study classes. Teacher's day is celebrated in the remembrance of Dr. Sarvapalli Radhakrishnan. The purpose was to show students acknowledgement and recognition of the hard work put in by our teachers towards development of student life. A total of 500 students participated in this celebration and honor their teachers with greetings and respect. Students exhibited their talents by dance, songs and poem.



## Success Story

Sabreen Shaikh Mohd Haneef a student of Jeevan Dhara Study Classes studying in standard 6th in Shahaji Nagar Municipal School secured the first prize from Nanhi Kali for an outstanding performance in overall activities in her class.



## Addiction Awareness Program at Kanjur Marg

On 8<sup>th</sup> Nov 2017 we conducted addiction awareness session at Kanjur Marg Panchshil Nagar. Where 50 - 60 women attended this session. Mrs. Manjula gave a speech on ill effects of addiction. Mrs. Shobha explained the indicators of drugs and it's harmful impact. Mr. Pinku showed a small documentary film based on addiction. Also we came to know from one woman about a drug addict in her family she wants to admit him in our rehab but, the addict went to his native place. We will do follow up to bring out more cases from there.



## Children's Day Celebration

On 10<sup>th</sup> and 14<sup>th</sup> of Nov 2017 we celebrated Children's day at Cheeta Camp and lallubhai Compound where we conduct study classes. A total of 250 students participated in this event. It was an enjoyable day for both the teachers and students of Cheeta Camp study classes. The program began with tribute to Chacha Nehru by Mrs. Samiunnisa, Mrs. Shamim and Ms. Samina. Programs included informative play, Antakshri and songs The day had a theme of love for the children. The students performed group dance and the program ended with the distribution of chocolates to the students.



## Drawing Competition Organized By Touch Organization

On 14<sup>th</sup> Nov 2017 Jeevan Dhara was also invited by Touch organization for drawing competition at Shivaji Park Dadar. A total of 22 students from Jeevan Dhara's study classes attended this event all the students got a participation certificate. Students from various Private schools, BMC schools & NGOs from Mumbai, Thane District also participated in this event. The idea of Touch organization for conducting this event was to inculcate the underprivileged children into extracurricular activities.



## Addiction Awareness Program at Sathe Nagar

On 16<sup>th</sup> Nov 2017 Jeevan Dhara was invited by Pratham NGO to conduct an addiction awareness session for their study class students at Sathe Nagar. Mrs. Shobha explained about the harmful effects of drugs on the human body. Mrs. Manjula gave a speech about the vices of drugs. Mr. Pinku showed a documentary film based on addiction.



## Get – Together

On 27<sup>th</sup> Nov 2017 we organized get together for the beneficiaries of Tailoring class. Around 13 students participated in this gathering. We called our staff Mrs. Manjula to talk about addiction and it's vices. They played Antakshri and had a fun time by enjoying the event. One by one all the student's shared their learning experience about tailoring course which they did. Mrs. Shobha Bajpai gave introduction of Jeevan Dhara activities. We took some great shots of the event.



## Our Helping Hand

This is Paul Gilfoy from New York, USA. He visited India from the 1<sup>st</sup> to 13<sup>th</sup> December 2017. On the 12<sup>th</sup> December 2017 he visited Jeevan Dhara and presented us with a new Dell laptop which will be used for our administrative office work. Paul is familiar with our work when he was in India two and a half years ago and frequently spent time with all our activities.



## Addiction Awareness Program at Cheeta Camp

On 6<sup>th</sup> Dec 2017 we conducted addiction awareness program for Jeevan Dhara students. The objective of this program was to make aware the students about the harmful impacts of drugs. The resource person's were Ms. Donita the program officer from Tata Institute of Social science and her colleagues. Also MSW 1<sup>st</sup> year students from Nirmala Niketan Ms. Beena and Mr. Pratik Jawala came to support this program. Mr. Pratik begins the program with introduction of the students and beneficiaries. Then Ms. Beena started with the topic Addiction. She explained about the ill effects of chewing tobacco and what are it's harmful impacts. She involved the mind of the students into program through games and activities.



## Session on Child Sexual Abuse

On 14<sup>th</sup> Dec 2017 we conducted session on Child Sexual Abuse for Lallubhai Compound study class students. The aim was to create awareness on the issue of Child Sexual Abuse by increasing sensitivity and providing relevant information. The resource person's were Ms. Donita the program officer and her colleagues from Tata Institute of Social science. It was informed to the student's regarding good touch, bad touch and what to do if they are in a situation of bad touch through a documentary film. Then a question and answer session was done based on the documentary film. The session was ended with the vote of thanks by our staff Mrs. Vijayalaxmi.





## Christmas Party At Mazgoan

Like every year this year too Jeevan Dhara's students were invited on the 17<sup>th</sup> Dec 2017 for Annual Christmas tree party organized by Catholic Gymkhana Ltd on their premises. The purpose of sending this student's for Christmas Party was to create communal harmony amongst them. The students played games and most of them also won prizes. They got a chance to see Santaclaus and Toon Characters like Doreamon and Micky Mouse. One generous donor gave our children a 100 chocolate pizza's. All the students received gifts from Santaclaus. It was an eye opener for the parents, teachers and our students as they mingled with those children who have in abundance and there was no discrimination displayed by the parents with the children who have in abundance and our kids felt the warmth of being expected. May we have more of such get togethers.



## Addiction Awareness Program at Mankhurd

On the 18<sup>th</sup> of Dec 2017 Jeevan Dhara was invited by Sneha an NGO for conducting an addiction awareness program at Mankhurd Mandala. Mrs. Manjula our experienced staff, having years of experience introduce the audience with the Jeevan Dhara activities and the project area. After that she explained about the ill effects, types and indicators of drugs and alcohol addiction. Mr. Pinku showed a documentary film based on addiction. The objective of our outreach is to make the community aware of the evils of drug abuse and that there is a solution through our rehabilitation center for those who are lost in addiction.



## Support from Ratna Nidhi and BCPT for Balwadi Nutritional Foods

We are glad to inform that Ratna Nidhi Charitable Trust had started supporting us for Balwadi Nutritional needs from 18<sup>th</sup> Dec 2017. Mr. Brain Fernandes supported us by providing the containers for storing the food. Ratna Nidhi will give us this food everyday by their tempo at our door step, Lallubhai Compound (Mankhurd West) where Jeevan Dhara balwadi classes are conducted. Hence, these under nourished 62 balwadi children are getting their supply of nutritional food. We would like to thank Mr. Brain for the containers. BCPT for sponsoring the food bill and our donors who give us money so we are able to pay our teachers their salaries. We would like to give hearty thanks to all of you for helping us to provide education with proper nutrition.



## Addiction Awareness Program at Dahisar

On 20<sup>th</sup> Dec 2017 Jeevan Dhara was invited by CCDT an NGO for conducting an addiction awareness program at Dahisar Patli Pada. The objective of this program was to create awareness about the harmful impact of drugs. Mrs. Manjula our experienced explained about the vices, types, indicators and symptoms of drugs and alcohol addiction. Mr. Pinku showed a short documentary film based on addiction. Mrs. Jyoti Chauhan than sang a song about the evils of these vices. Mr. Mangesh who cleaned out from our Rehabilitation center shared his success story about how he got out of addiction and how Jeevan Dhara Rehabilitation center showed him the way.



## Drawing Competition at Cheeta Camp

On 25<sup>th</sup> Dec 2017 we organized a drawing and painting competition at Cheeta Camp, Trombay. We have 35 study classes and the painting and drawing was for the students from Jr. Kg to IX Std. The idea of organizing this drawing competition was to explore the creative talents of the students. A total of 129 students participated in this competition and the different topics were given to the students. The children showcased their creative skills in coloring and drawing and come up with an amazing art. We will select three winners from each group and the prizes will be distributed to them during the Annual Day function.



## Sports Competition at Cheeta Camp

Jeevan Dhara organized sports activities on 27<sup>th</sup>, 28<sup>th</sup>, 29<sup>th</sup> and 30<sup>th</sup> of Dec 2017 in the slums of Cheeta Camp where we have 25 study classes and 2 balwadis. Its objective was to develop in the students a sporting spirit, a venue to display their physical abilities and instill discipline. A total of 202 students participated in these activities from Jr. Kg to IX Std. It was a fun filled day, children bursting with energy along with all the support from Teachers. The events for the sports were Passing the ball, Book Balance, Lemon & Spoon and Running Race. The winners will receive their prizes during the Annual day program.



## Addiction Awareness Program at CCDT

After appreciating our earlier addiction awareness program which was held on 20<sup>th</sup> Dec 2017 CCDT an NGO once again invited Jeevan Dhara on 28<sup>th</sup> of Dec 2017 to conduct an addiction awareness program at the same area Dahisar Patli Pada. The purpose of conducting this program again was to reach to more people and to make them aware about the ill effects of drugs and alcohol. Mrs. Shobha Bajpai D' Silva the director of Jeevan Dhara introduced the audience with the Jeevan Dhara activities and project areas. Mr. Pinku showed a short documentary film based on addiction. Mrs. Jyoti Chauhan then sang a song about the vices of drugs and alcohol. Mr. Mangesh who cleaned out from our Rehabilitation center shared his success story about how he got out of addiction and how Jeevan Dhara Rehabilitation center was instrumental through his recovery.



## Drawing Competition at Lallubhai Compound

On 7<sup>th</sup> Jan 2018 we organized a drawing and painting competition at Lallubhai Compound, Govandi. We have 10 study classes there. The drawing competition was conducted for the students from Jr. Kg to IX Std. The idea of organizing this drawing competition was to explore the creative side of the students. A total of 124 students participated in this competition and the different topics were given to the students. The children showcased their creative skills in coloring and drawing and come up with an amazing painting. We will select three winners from each group and the prizes will be distributed to them during the Annual Day function.



## **Drawing competition at Cheeta Camp on the topic “Addiction”**

On 16<sup>th</sup> of Jan 2018 we conducted a drawing competition on the topic of “Addiction” at our Cheeta Camp study classes. This competition was held for the students of Std VI, VII, VIII and IX where a total of 23 students participated. The objective of conducting a drawing competition on addiction was to know the children have experienced or the knowledge they have accumulated when they see adult and children of their age in the neighborhood. The different expressions in their drawings and paintings tell of the students various experiences.



## **Republic day and Tea Party at Trombay Police station**

On 26<sup>th</sup> of Jan 2018 MSW (Master in Social Work) students from Nirmala Niketan and Ms. Donita the Program Officer from TISS and her colleagues organized a tea party for the staff of the Trombay police station on the occasion of Republic Day. Jeevan Dhara's students were also invited to entertain the police with dance and a patriotic song. The students of Nirmala Niketan played games with the police and with the Jeevan Dhara's students. They also gave away prizes to the winners. The police contributed their valuable time with our children by singing songs and playing games. The police gave everyone a very strong message "We are human and can be very friendly only their duty entails them to be strict and diligent. Snacks were distributed to the students of Jeevan Dhara and the police by the students of Nirmala Niketan. The tea party was ended with a vote of thanks by Jeevan Dhara's supervisor Mrs. Vijaylaxmi.



## Sports Competition at Lallubhai Compound

Jeevan Dhara organized sports activities on 28<sup>th</sup>, 29<sup>th</sup> Jan 2018 and on 10<sup>th</sup> of Feb 2018 in the slums of Lallubhai Compound (Sathe Nagar) where we have 11 study classes and 2 balwadis. Its objective was to develop in the students a sporting spirit, a venue to display their physical abilities and instill discipline. The students participated in these activities from Jr. Kg to IX Std. It was a fun filled day, children bursting with energy along with all the support from Teachers. The events for the sports were passing the ball, Book Balance, Lemon & Spoon and Running Race. The winners will receive their prizes during the Annual day program.



## Canteen day at Cheeta Camp

On 4<sup>th</sup> Feb 2018 we conducted Canteen day which was organized by Jeevan Dhara Staff at Cheeta Camp. There were five stalls which were manned by them. First stall was Ragada, 2<sup>nd</sup> was Rasna cold drinks, 3<sup>rd</sup> was Vada Sambar, 4<sup>th</sup> was Batata and Chana Masala and 5<sup>th</sup> was Chinese Bhel.

This canteen was inaugurated by local residence of Cheeta Camp Mrs. Mumtaz who is aunt of our Jeevan Dhara's staff Ms. Anam. We made 650 coupons for Rs. 5/- each. The students and their parents of study classes purchased the dishes. Ragada was the first dish which was finished it off very early. It was a grand success as within one hour all other the dishes were also over. Everybody enjoyed at this function. We spent Rs. 2,200/- and received Rs. 2,300 hence resulting in profit of Rs.100. The teachers were very happy with the response.



## Eye Camp at Lallubhai Compound

On 14<sup>th</sup> of Feb 2018 Jeevan Dhara conducted an Eye checkup camp in collaboration with **Doctor's For You** an NGO working at Lallubhai Compound (Sathe nagar). This is done in order to create awareness about eye related disorders and also early detection, if any among children. This camp was attended by the balwadis children and few outside children between the age group of 1 month to 5 years. A total of 59 children were screened out of which 4 were referred for further evaluation. Those children who were referred for further evaluation their parents were informed to come along with their children to the OPD department. Towards the end, Mrs. Vijaylaxmi, Supervisor, appreciated Ms. Yogita and Sr. Anjali with a small token of appreciation for organizing the camp.



## Annual Day at Lallubhai Compound

On 18<sup>th</sup> of Feb 2018 Jeevan Dhara had it's 2<sup>nd</sup> Annual day program at Lallubhai Compound (Sathe Nagar). Our chief guest was Ms. Sonal Adlakhiya-MSW. The program commenced with lighting of the lamp by Ms. Sonal, Mr. Gene D' Silva, Mrs. Vijaylaxmi, Mrs. Manjula, Mrs. Jyoti and by one of the parent. Ms. Saba an admin assistant welcomed the guests and introduced the Honorable Chief Guest to the gathering. A power point presentation on Jeevan Dhara's activities was shown to the audience. The students showcased their talents by performing dance, singing songs and enlightening us on the importance of girl's education through drama. One of the student's called Aarti who was selected in the 2<sup>nd</sup> round of DID (Dance India Dance) Choreographed the other students to perform the dance. Prizes were distributed to the winners of Sports and Drawing competition. Mrs. Manjula gave away gifts to the staff of Lallubhai Compound.



## Rally and Drawing competition at Dahisar

On 19<sup>th</sup> of Feb 2018 Jeevan Dhara conducted a rally on addiction, poster exhibition, drawings and slogans at Dahisar. Rally began with the public viewing the poster on addiction. With the support of children and staff of Jeevan Dhara we conducted the rally. 4 different spots were identified prior to Shivaji Nagar (Dahisar) where Mrs. Manjula our experience staff of gave a small talk on the ill effects of alcohol and drugs. The public enjoyed the poster exhibition on addiction. Finally drawings and slogans activities were conducted with the children to figure out what they understood about addiction. They were given different topics of addiction and they needed to express themselves through their drawings, paintings and slogans. At the end Mrs. Vijaylaxmi and Mr. Pinku distributed toothpastes and toothbrushes to the children.



## Annual Day at Cheeta Camp

On 25<sup>th</sup> of Feb 2018 Jeevan Dhara conducted it's 12<sup>th</sup> Annual Day at Cheeta Camp. Mr. Ajay Gudekar was the chief guest of the day. The ceremony began with lightning of the lamp by Mr. Ajay Gudekar and Mr. Ramesh Patil (Police inspector of Trombay Police station) Mr. Gene D' Silva, Mrs. Vijaylaxmi, and Mr. Mangesh. Then a welcome dance was performed by the students. Ms. Saba an administration assistant introduced the audience about Jeevan Dhara's activities. Mr. Mangesh who cleaned out from our Rehabilitation center shared his success story about how he got out of addiction and how Jeevan Dhara Rehabilitation center showed him the way. Dance and one drama was performed which gave a message to Save water and another drama was performed on addiction. Prizes were distributed to the winners of Sports and drawing competition and certificates were distributed to the students of Tailoring and Mehandi course. Mr. Gene D' Silva gave away gifts to the staff of Cheeta Camp.





## Eye Camp at Cheeta Camp

On 28<sup>th</sup> of Feb 2018 Jeevan Dhara conducted an Eye checkup camp at Cheeta Camp in collaboration with Doctor's For You an NGO working at Lallubhai Compound (Sathe nagar). This is done in order to create awareness about eye related disorders and also early detection, if any among children. This camp was attended by the balwadis children and few outside children between the age group of 1 month to 5 years. A total of 65 children were screened out of which only 1 was referred for further evaluation. This male child who was referred for further evaluation his parent was informed to come along with him to the OPD department. Towards the end, Mrs. Vijaylaxmi and Mrs. Jyoti Supervisor appreciated Ms. Yogita, Sr. Anita and Sr. Anjali with a small token of appreciation for organizing the camp.



## 1<sup>st</sup> Get-Together at Vile Parle

On 10<sup>th</sup> of March 2018 Jeevan Dhara conducted its 1<sup>st</sup> get together at Vile Parle (Nehru Nagar). The program began with the introduction of Jeevan Dhara's activities by Mrs. Jyoti Sunil Sutar. A power point presentation was shown and explained by Mrs. Shobha Bajpai D'Silva and Mrs. Vijaylaxmi Nagaraj. Ribbon bands were tied by the students to each other on which it was written that "I will live away from addiction". Students showcased their talents by performing dance. Mrs. Manjula gave a speech on the ill effects and vices of addiction. One of the parent's Zainab appreciated Jeevan Dhara for our work. Gifts were distributed to the students. De-addiction pamphlets were distributed to the audience.



## Rally with We Action Group

Over 350 participants from over 16 NGOs across Mumbai came together on Thursday, 15th March, 2018, to celebrate Women's Day. Where Jeevan Dhara' staff also took part. The event was organized by We Action Group, a network of NGOs who work on issues of human rights, women and child rights, rights of senior citizens and rights of other marginalized across Mumbai. Dressed in purple and white with We Action Group Caps, the participants made handprints, formed a Human Chain Peace Rally and walked around Kalina Kurla Road, Santacruz E to interact with women and children in the community.



## Certificate distribution

We conducted Balwadi certificate distribution program at Lallubhai Compound on 29<sup>th</sup> Mar 2018 and on 31<sup>st</sup> Mar 2018 at Cheeta Camp. A total of 32 students from Lallubhai Compound and 16 students from Cheeta Camp and their parents participated in this program. The certificate was distributed by conducting oral examination of the children to appreciate and motivate them. This certificate will help them to get admission in school. Mrs. Jyoti and Mrs. Vijayalaxmi our supervisor's, Mrs. Samiunnisa, Mrs. Anita, Mrs. Shamim and Mrs. Ashwini our teacher's gave away the certificates to the children. We wish the children good luck for their further studies.

