



"Give a man a fish
and you feed him for
a day. Teach a man
how to fish and you
feed him for a
lifetime."

ANNUAL REPORT
2018 - 19

from the Founder's Desk

Dear Friends,

At the outset, we are very grateful for all the support, love, generosity and initiative you have showered toward our organisation's objectives, goals and mission. The help you rendered, helped us to continue our work with zeal and passion to enable the underprivileged people in the community.

The reason for us to connect with 1240+ families in the slum communities is because of your constant support. We were able to reach out to people in the slums of Cheeta Camp Trombay, Maharashtra Nagar, Mankhurd East, and Lallubhai Compound, Mankhurd West. We work with children, women, youth and people struggling with addiction and we have just one mission - "To help 'the deprived' toward a better tomorrow."

Our source of motivation and inspiration comes from the success stories we witness daily, pushing us to work toward helping as many people as we can. We could not do this without YOU!

Thank you so much for being a part of our journey, joining us in our mission, and we are confident that with your continued love and support, we will continue to build a better society with equal love and respect.

In mid-June, we will be starting a new centre at St. Anne's Parochial School, in Mazgaon, Mumbai with the objective of conducting English speaking classes, tuition classes and improving computer skills.

THANK YOU!
Gene D'Silva
Founder



Remembering one of our Pillars



These were the words of Fr. Richard Lane Smith when I asked him to be the Chairman of Jeevan Dhara 14 years ago, way back in 2005 - "Do you really want me to be your Chairman? I am a whistle blower, which means I will not tolerate any nonsense. I could even expose you to the media." "This is the kind of Chairman we need," was my reply. Fr. Richard Lane Smith was our Chairman of the Board till the day he died, end of Dec 2018, a month short of his 90th birthday.

Today, we have a very successful de-addiction and rehabilitation center for street/slum-based drug/alcohol addicts. 10 years ago, Fr. Lane Smith gave us 2000 sq. ft. of his 4000 sq. ft. house on the 2nd floor of Roosevelt House, Colaba. Although, we had to vacate the place a year later, he encouraged us to take a rental place in Titwala and through the years, now we have our de-addiction and rehabilitation center in Lonavla. He said, "Never give up."

Fr. Lane Smith helped raise a lot of financial support through his contacts. His friends from Germany are helping us for more than 12 years; even till today. He even spoke to his friend Cardinal Oswald Gracious, the present Archbishop of Mumbai for financial support.

Fr. Lane Smith never failed to talk about Jeevan Dhara whenever he could. We, at Jeevan Dhara miss him dearly. He taught us a lot of things like 'pray every day', 'one day at a time' and most of all, he said "he has seen many organizations lose their character when money pours in. Be aware and keep your feet on the ground or stay grounded. Do not let money go to your head." We have not reached that stage yet, but we are prepared.

God bless Fr. Richard Lane Smith and may his soul rest in peace!



- Gene D'Silva
Founder, Jeevan Dhara





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Vision

To improve the lives of underprivileged communities to ensure that they lead an addiction free life.



Mission

We ensure that the community leads addiction free lives through

- Education
- Enabling employment through vocational training
- Creating confidence &
- Rehabilitation



Belief

'People Helping People'

We believe, if an empowered individual would come forward to take up even a fractional responsibility of a person in need, sustainable change is possible.

About US

Gene D'Silva, envisions a 'better tomorrow for the underprivileged.'

In 1998, Gene started with an outreach program in Asia's largest slum community – Cheeta Camp. The initial focus, for the first 2 years was to get HIV+ patients accepted in the community, and identifying the needy via door-to-door outreach. Gene distributed food rations to 350 widows, school fees for children between the ages of 3 to 6 years of HIV+ widows and provided medical assistance to HIV+ patients. In the 3rd year, Balwadis and Study Classes were started to help children in the community cope better with their studies and improve their academic performance.

In 2005, Gene along with his wife Shobha Bajpai set up 'Jeevan Dhara' - meaning 'Lifeline', with the vision to provide a 'Lifeline' in the community for a better tomorrow.

For the past 20 years, we have undertaken several initiatives to alleviate the pain and suffering of the poor – from the beginning, with Balwadis in 1998, to a De-Addiction Center in 2008, and various programs customized to help empower the underprivileged in society.



OUR Focus



Education



De-Addiction



Women
Empowerment



Skill/Development
&
Vocational Training

OUR Programs



1

JEEVAN DISHA - De-addiction & Rehabilitation

Stop being a Prisoner of your Past, Become the Architect of your Future

Looking at the rampant substance abuse in the slums of Cheeta Camp and moved by the helplessness of the addicts' family, **Jeevan Disha** was an initiative undertaken in 2008.

Witnessing, firsthand the work, impact & the high recovery rate of addicts, Don Bosco blessed us with their premises in Lonavla to set up a De-Addiction Center.



JEEVAN SHIKSHA - Tuition & Computer Classes

In Learning you Teach and In Teaching you Learn

Underprivileged children face a huge challenge in paying attention to studies and staying updated with the curriculum. **Jeevan Shiksha** was birthed with the concept to counter this trend, by introducing a friendly teaching environment along with creative activities.

With the objective to train children with basic knowledge of computers, considering that we live in a digitized world, we started computer classes on 26 Nov 2018, wherein 20 students enrolled. It's a 3 months course, 6 days/week for 2 hours, from 4 – 6 PM.



2

JEEVAN PRASHIKSHAN - Vocational Training

You can Do a lot - if you are Properly Trained

Jeevan Prashikshan, an initiative to create 'employment' was started in 2007 for those who could not pursue higher studies due to lack of funds, social stigma, etc. In addition to the above, it has also helped our own reformed addicts find employment.



JEEVAN SASHAN (Sports) & SURAKSHA (Karate)

You Win as a Group, You Lose as a Group

Jeevan Sashan was introduced in 2011 and **Jeevan Suraksha** in Feb 2019 under the coach - Mr. Albert Suresh Bhandare from Dream Believe Achieve Academy with the idea of instilling;

a) 'Discipline' in the lives of youngsters b) To help these kids adhere to school attendance. c) Refrain from the use of profane language & d) Avoid unhealthy products like tobacco, alcohol etc.



JEEVAN PRAKASH - Dance Classes

Opportunity Dances with those already on the Dance Floor

They say 'Dance is the Language of the Soul.' With this belief, **Jeevan Prakash** is an initiative for the slum children, who do not miss an opportunity to Dance - be it any festival/wedding. Through dance & skits, we also create awareness about the social issues affecting slum dwellers. In 2016, we started with 9 children and today, we are proud to be working with 40.



JEEVAN ANKUR – Balwadi

It is easier to build Strong Children than to repair Broken Men

Jeevan Ankur is an initiative to run pre-primary schools using as many educational aids as possible. Set up in 1998, this was the 1st such initiative in the Trombay vicinity.



4

5

6

जीवन धारा





Event

Summer Camp
Greeting Card & Drawing
Competitions
Tailoring & Mehndi Exams
Computer Classes
Certificate Distribution

Objectives/Outcomes

- Platform for kids to learn and develop skills like painting, craft, dance, computers, etc.
- Encourage the children in the Balwadis.
- Involve the students in extra curricular activities apart from studies/school.





Event	Objectives/Outcomes
<p>Health Camp - in collaboration with Dr. Azra Kazi from Keys Foundation</p>	<ul style="list-style-type: none"> Reach – 500 patients, with free consultation & distribution of medicines. Presently, we have set up a medical dispensary for the community.
<p>Canteen Day</p>	<ul style="list-style-type: none"> Initiative with a focus on fundraising to sustain the organization involving the community.



Awareness Programs



Event	Objectives/Outcomes
<p>Health & Hygiene</p>	<ul style="list-style-type: none"> Awareness sessions to help women understand the importance of health and hygiene. Conducted by 3 third year medical students from Switzerland - Ms. Eve Caroline Berthouzoz, Ms. Romane Borle & Ms. Noemi Clara Galli.
<p>Sessions on Child Sexual Abuse (CSA) - for children and staff</p>	<ul style="list-style-type: none"> To spread awareness and equip the kids & staff with the required skills to handle CSA.
<p>Sessions by Khula Aasman</p>	<ul style="list-style-type: none"> Explore the concept of 'Wellbeing' as understood by children.
<p>Workshop - Fundamental Rights of Muslim Women</p>	<ul style="list-style-type: none"> To spread awareness on women's rights.
<p>Awareness Session on Pets</p>	<ul style="list-style-type: none"> Sonali Pimpde from "The Welfare of Stray Dogs" conducted session on dog bites, safety measures and showed a movie on pets to the students.





Event	Objectives/Outcomes
<p>Special Days/Events – Friendship Day/ Republic & Independence Day/Teacher’s & Children’s Day/Sports Day</p>	<ul style="list-style-type: none"> To teach the children and engage the community - on the importance of the various important days & also celebrate the hard work of teachers and commemorate the contribution of leaders toward our Independence and building of the Constitution etc.
<p>B'day Celebrations</p>	<ul style="list-style-type: none"> Our donors love to spend time with our children, and celebrate their b'days with the Jeevan Dhara family.
<p>Christmas & New Year Celebrations</p>	<ul style="list-style-type: none"> The kids enjoyed being a part of Christmas parties organized by Catholic Gymkhana, Mr. Brian Fernandes, Mr. Clement Misquitta & New Year Party by Mr. Russell Rosario. Along with fun and cheer, participation in these events helps build communal harmony.





Annual Day – long awaited event in every organization!

- We celebrated our 13th Annual Day on 20 Jan 2019 at New BMC School Auditorium, Cheeta Camp, Trombay with 473 children and 25 staff of Jeevan Dhara.
- Ms. Khan Najma Begum, senior teacher and present in-charge of New BMC School, Cheeta Camp was the Chief Guest.
- The ceremony began with the lightning of the lamp by Ms. Khan Najma Begum, Mr. Gene D' Silva, Founder & Secretary of Jeevan Dhara, Ms. Manjula Choghule and Ms. Vijaylaxmi Mudliyar. Mrs. Shamim presented Jeevan Dhara's annual report to the audience.
- Children entertained the audience with dance, song and skits.
- Prizes were handed over to the winners of sports and drawing competitions, certificates were awarded to those who successfully finished the tailoring courses and gifts were given to the dedicated volunteers and staff.
- Snacks sponsored by Mr. Vinayak from D.P Restaurant Matunga.

Awareness Programs on Addiction

28 Awareness Campaigns & 3 Rallies

Apr 2018 – Jan 2019

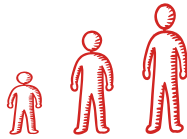
- To create awareness on the harmful impacts due to the use of drugs and alcohol.
- Conducted at Bright Future in Bhandup, Committed Communities Development Trust in Dahisar, Family Service Centre in Colaba and Faith Foundation in Airoli, Trombay Public School in Cheeta Camp and World Vision etc.



Organizational Impact



826 Children received basic education and were promoted to next level.



150 Children improved their health with better nutrition.

20 Children empowered with basic knowledge of computers.



60 Youth and women empowered via vocational courses like mehndi, beautician and tailoring; which help them to earn money enabling them to become independent.

16 addicts rehabilitated and are presently engaged in different jobs like catering business, driving, labour work etc – leading NORMAL LIVES.





Success Stories

Stories of Change...!



Kulsum Bee Teacher, Education

“

My name is Kulsum. I am working with Jeevan Dhara since last 3 years as a teacher. Before joining as a teacher here, I was one of the students of this center. I studied from 8th to 12th std. And now I am pursuing D. Ed course along with my studies. I started teaching the other students of Jeevan Dhara. When I was a student, Vijaylaxmi teacher used to conduct study class for me and after some time, she asked me to take care of the class. And she identified that I had the quality of becoming a teacher.

So, she encouraged me when I was in 11th std. to take study class for the other lower std. students of Jeevan Dhara. And I think that because of her I am the teacher of this NGO and I really respect her for motivating me. I got lot of experience from here and I am always excited to attend all the program and session of Jeevan Dhara because it gives me a good knowledge. In future, I want to become a lecturer so, I attend the training programmes held by them. I am very thankful towards Jeevan Dhara for always supporting me and this is true success of my life.

”

Toufique Senior Counselor- De-addiction Center, Lonavla

“

My name is Toufique. I am 35 years old. I was a poly addict. I used to abuse all types of drugs. But after I came to Jeevan Dhara, I learned to surrender. Surrender is the only victory and I implemented this into action. And I made up my mind that I will not surrender in front of addiction. I focus on this positive thing and I think that work is being done because of this positive attitude. I pray to God to give me strength and he showed his miracle. And today I am free from addiction and because of Jeevan Dhara, I had improved a lot and today, I am sharing this knowledge and experience with others which gives me some peace and happiness.

”



Stories of Change...!

Sana Shaikh



First of all, I would like to thank Gene & Shobha Ma'am who built my confidence and gave me an opportunity to work with Jeevan Dhara for my growth and development which paved the way for me to work with YMCA as a social worker. Thanks to both of you!

I started my career working as a clerk in a school and at the same time, I was pursuing my studies. While working as a clerk, Jeevan Dhara offered me work as a part time teacher. I attended various trainings which was a learning experience and this motivated me to work in the social sector. My happiness lies in the service of the needy. During my interaction with the students and parents, it gave me satisfaction in life when I was able to solve their problems through counselling.

I worked at Jeevan Dhara from 2008 to 2015 and completed my further education.

Shobha Ma'am suggested to work on the De-Addiction project, and I agreed as it gave me opportunities to learn. Working in the community was quite challenging for me as I had to deal with various patients. I also conducted awareness sessions on de-addiction along with personal counseling.

After that, I was given opportunity to work in Sathe Nagar in order to identify the scope of work in the community. I did field work, research and started study classes and vocational training for women. I motivated the teachers of the study classes to work at Jeevan Dhara. It was a wonderful experience to work with teachers and community by trying to deal with the social issues. I also got the opportunity in fund raising but that did not go well, yet, it was a learning experience.

I would like to say thank you and best wishes to all my students who listened to me and chose to work at Jeevan Dhara.

I am thankful to Shobha Ma'am who helped me in my children's education as well as other necessities. She is always there to help me when I need a guiding hand.

For me, Jeevan Dhara is my family and I still miss you all, but I had to leave because I had some other commitments. I would like to apologize to Shobha Ma'am for not being able to contribute much at Jeevan Dhara. Once again, special thanks to Gene, Shobha Ma'am and all the supporting staff for helping me thus far!

Thank you so much!



Rehabilitation

De-Addiction Center, Lonavla

- From April 2018 to May 2019, a total of 37 addicts admitted in our rehabilitation center.
 - Out of these, 16 successfully completed the 3-month course.
 - 2 addicts could not continue and hence left the center.
 - Presently, there are 9 patients in the rehabilitation center.
- For the past 3 months, we have seen our rehabilitation center growing in numbers.
 - Thanks to the efforts of our outreach staff and the several addiction awareness programs in schools, colleges and in the slums of Mumbai, we are seeing an increase in patients.



Rehabilitation...contd.

- finding LIFE again



Ashley

Ashley struggled with addiction. He enrolled in our de-addiction center and he found a new direction in his life.

He was very firm in his decision to bring about changes in his life, therefore, Jeevan Dhara saw his desire to re-invent his life and we ensured that he received the best possible treatment focusing on behavioural changes. We are very delighted to share that he has re-discovered himself, found a new bounce in his step.

Presently, he is working as a Tailor in Mazgaon.



Ashfaq

Ashfaq was part of our de-addiction center a couple of years ago.

He joined us, looking for a new destination in his life. Our team worked very hard, the cumulative efforts, and with time and attention on various coping skills, he was able to find a way out his addiction.

Today, he is actively involved with the people; guiding them, with a dedicated focus on helping people find their way back to life.



in Collaboration



Keys Foundation



SHELTER DON BOSCO



- Our main focus is De-Addiction & Rehabilitation.
- We are very proud to be associated with these organizations to help further our objective - through awareness sessions, workshops, and rallies etc.
- We work closely with Don Bosco to impact lives of people suffering from addiction, and with Don Bosco Technical College we are able to help with vocational training and skill development.



Don Bosco Technical College, Chinchwad



Our Supporters



RATNA NIDHI CHARITABLE TRUST



Nasha Bandhi Maha Mandal



Few Churches in Mumbai

Sharmik Vidhya Peeth, Dharavi

Adarsh Education Foundation

Our Supporters....contd.



Alexander
Ali Asgar
Amanda
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Annabelle
Ashok
Atul Ambavat
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Christina
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Deepak Kamble
Deepti Kapur
Dev Mishra
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Elvira
Fatima
Gagandeep
Gauri Gandhi
Harris Moraes
Harshil Halo Design
Jadish Shetty
Jainam
Jaya
Fr. Stanny

Karan's Mom
Ken Mathew
Ketu Gandhi
Lata Gurnani
Lazarus
Mascarenhas
Meena
Mishara
Nathaline
Neelam
Neeta Jain
Nikhil
Nupur
Pooja
Purnima
Rahul Jain
Rashmi
Rebecca
Rehana
Renu
Rochita
Rohit
Manisha Jain
Mahavir
International
Preeti Mahavir
International

Ruchira
Salim
Saloni
Sawati
Shavya
Sheena Gandhi
Shilpa Parikar
Sonam
Suhas Raut
U.N Jain
Veera
Yvonne
Seabird
Villa Selma
Bhavisha
Afsana
Vila Bharav
Vila Brezeleo
Gauri
Maria
Noelin
Rose
Sushil
Vanshika
Jayshree
Jayshree Charni Rd.

Vinod
Baptist
Jigna
Kavita
Nishi
Agnel Fernandes
Alwayn
Pravin
Areta
Rajesh
Gilba
Beatrice Dolder
Bosco Shanti
Brenda
Brian Fernandes
Yogesh Patil
Christy Gore
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Brian Mendonsa
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Fr. Jegaraj
Fr. Michael Goveas
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Fr. Vincent Guwhati
Fr. Vincent Vaz
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Christine
Helene
Jenny Fernandes
Kavin
Andrea Bethge
Uwe Bethge
Paul Gilfoy
Russell Pinto
Vincent Mascarenhas
Shivam Chaurasia
Lionel



Note: This is not a comprehensive list of donors – apologies, if any names have been omitted in error. The names are not listed any specific order. We are very grateful for your continued love and support.

why 'Donors' choose Jeevan Dhara



Voice of Donors.....

“ My father, late Pradeep Shah, had developed a passion for identifying NGOs doing impactful work in the most needed spheres of society and he carried their story to his wide circle of friends and followers.

His association with Jeevan Dhara was of 3-4 years, but in this short span of time, he was moved by the work that he saw in the slums of the Govandi area and various other centers. I had the privilege to visit the Jeevan Dhara rehabilitation center in Lonavla with my father and we understood that this center was serving a very special need to enable a person with substance addiction to rediscover life through recovery. He was a supporter of Jeevan Dhara and admired the selfless work done by Mr. Gene D'Silva and his team.

”

- Nandita Parekh



Voice of Donors.....



“

As a donor, I feel I belong to the Jeevan Dhara family.

I know that my small contributions affect change in the lives at Jeevan Dhara.

It is encouraging to witness Gene and Shobha give selflessly, their time and energy to this wonderful extended family, and this makes my joy complete.

I do hope in the future, I would be able to give my time and talents.

”

- Amanda Noronha



Thank you for your **HELP!!**

We would like to thank all our individual donors, corporates and different organisations who extended support and love through their service, cash and in kind, toward the children, youth and community at large.

Your contribution did indeed impact the lives of people in the community who need our constant support, care and love.

We urge you all to continue to help US even in the days to come.

Board of Trustees



1

Mr. Gene D'Silva

2

Mr. Shaharukh Demeri

3

Mrs. Ashwini Parab

4

Mr. Arthur D'Mello

5

Mr. Herman John Pinto

6

Mr. Mahendra Vanzara

7

Mr. Joseph D' Cruz



Balance Sheet	
Jeevan Dhara: as on 31st March 2018 (in INR)	
Income	
Donation in cash & kind	29,85,542
Expenditure	
Organizational Expenses	11,84,749.32
Education	18,04,132.00
Medical Relief & other Charitable Objects	4,33,436.00
Total Expenditure	34,22,317.32
Shortfall	4,36,774.99

Note: We are in the process of completing the audit for FY 2018-19. Meanwhile, we would like to share the financial details of FY 2017-18.

**Volunteer with US
Donate in Cash/Online
Sponsor our Programs
Sponsor Events**

**Donate in Kind –
Stationery
Books
Teaching Aids
Clothes
Groceries
Computers**

We need your HELP!!

“I have a Dream”

-Martin Luther King

There are many children and youth in the urban slum community who dream of touching the stars and wanting to live a normal life but are unable to do so because of their poor economic condition and most importantly, they are deprived of the basic education which every individual deserves.

Let's take a step forward in creating an environment where every child and youth receive education and people struggling with addiction can be helped!

Therefore, let's come forward and spread our wings toward the children and youth so that through our charity in kind, cash or time, we can be 'Change Agents.'

GIVE, WITH A PURPOSE

Bank: Syndicate Bank
Branch: Byculla
Address: R & C Building, Sir JJ Road, Byculla, Mumbai - 400008
Account Name: JEEVAN DHARA
Account No: 50092010095171
IFSC Code: SYNB0005029
Pan: AAATJ7363B

Note: All donations are tax exempt under Section 80G of the Income Tax Return Act.



Contact US



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